



# S.T.A.R. Parent Training

*For parents and caregivers of children and young adults with developmental disabilities*

The Summit Center's S.T.A.R. Training, funded by the Office for People with Developmental Disabilities (OPWDD), offers parents and caregivers new strategies to manage various stages of your child's life.

## **\*\*ASK THE EXPERT\*\***

This quarter, all 4 sessions will be held in person and streamed virtually for a hybrid experience.

All sessions will start with a 15-minute presentation outlining the topic to be discussed. The remainder of the session will give parents the opportunity to ask questions, get concrete advice from a Board-Certified Behavior Analyst (BCBA), connect with other parents on similar issues, and have a more personalized experience.

**Eligibility:** All sessions are open at no cost to those who are OPWDD eligible. Those with Self-Direction must include this in their budget.

**To register:** Please call Ashlee Bronson, Assistant Director of Community Services, at 716.799.8156 or Tim Philo, Intake Specialist, at 716.629.3421. For virtual sessions, a link to the training will be emailed to you after you are registered. If you would like to participate in person, sessions will be held at 75 Pineview Drive, Suite 300, Amherst NY 14228. ***Please note that the registration/approval process may take up to five days to complete. Timeframe for approval through Self-Direction may vary. Please allow sufficient time for this approval process prior to each session you wish to attend.***



**Managing Challenging Behaviors**      **Saturday, October 5, 2024**      **10:00a.m.**

*Hybrid Virtual & In Person Session-limited respite spots available*

Where do challenging behaviors typically come from? What do challenging behaviors mean? Utilize our experts to help identify the function of your child's behavior and brainstorm some potential solutions.



**Motivation 101**      **Saturday, October 19, 2024**      **10:00a.m.**

*Hybrid Virtual & In Person Session-limited respite spots available*

Having trouble motivating your child to engage in everyday tasks? Ask the expert for tips and tools to help!



**Managing Challenging Behaviors**      **Saturday, November 9, 2024**      **10:00 a.m.**

*Hybrid Virtual & In Person Session- limited respite spots available*

Where do challenging behaviors typically come from? What do challenging behaviors mean? Utilize our experts to help identify the function of your child's behavior and brainstorm some potential solutions.



**Independence Basics**      **Saturday, December 7, 2024**      **10:00 a.m.**

*Hybrid Virtual & In Person Session- limited respite spots available*

What skills will your child need to be the most successful in activities outside of school? Look ahead to environments like respite, the grocery store, family parties, and even adult services!

## **ABOUT OUR PRESENTERS:**

*Johanna Shaflucas, Kameron Plotner, Juli Gunner, Gretchen Abdulla, and Angie Deoki* have been a part of Summit's behavior department. They all have many years of experience working with children and young adults with autism and developmental disabilities.

*The Summit Center is Western New York's leading provider of evidence-based programs to more than 1,000 children and adults each year with developmental, social, and behavioral challenges. Our expertise lies in understanding and supporting individuals with autism spectrum disorder. For more than 50 years, we've given people the tools to achieve their greatest potential.*

